

# West Life

*The Newsletter of West Auckland Parish Council  
No 18– Autumn 2010*



## Remembrance Ceremony, Sunday, 14<sup>th</sup> November 2010 at The Pant



The Remembrance Parade commenced from the Post Office lead by RAF Cadets followed by St Helen Scouts and Guides to the Pant War Memorial. The Barnard Castle band greeted the parade and the service was lead by Father McTeer , Father Rose, John Smallwood and Lyn Rielly. Wreaths were laid on behalf of the Parish Council, County Council, St Helen Residents Association, RAF and the Guides and Scouts. It was very pleasing to see the RAF Cadets, Guides and Scouts taking part in the parade; as well as the strong support from local residents. Also our thanks to the Manor House Hotel for providing welcome refreshments after the service. The Parish Council are very pleased with the respect care and care shown by residents and young people to the Memorial Garden at the Pant

and the remembrance tributes laid last year. A video of The Parade can be seen on YouTube website and enter into the search ( Memorial Service West Auckland )

## The World Cup

It is over a year since a decision was made to commemorate the historic winning of the Sir Thomas Lipton Trophy, the first World Cup, by a team of miners from West Auckland. Nigel Boonham's sculpture was chosen from three innovative designs to be erected on the village green. Since then a committee has been working very hard in the background to secure the necessary funding to make sure this goes ahead. We are happy to report that even in these days of cost cutting Councillors Rob Yorke and Andy Turner have done a tremendous job to make safe funds and

together with members of Groundwork North East, West Auckland Football Club (Stuart Alderson, John Elliott and Alan Bayles), the Memorial Hall (Sheila and Dave Williamson) and the Parish Council (Lynn Rielly, Billy Robinson, Colin Mairs), now combined as "The Friends of West Auckland", will ensure the rest of the funds are raised for this sculpture to be erected for all to see and villagers to be proud of. Anyone wishing to donate, however small the amount, will be gratefully accepted and be added to a Community Account, which has been set up for the project. Please contact Lynn Rielly, Treasurer telephone 01388 833032.



You can compare home credit loan interest rates at Lenders Compared [www.lenderscompared.org.uk](http://www.lenderscompared.org.uk).

## QUOTE

Interest works night and day, in fair weather and in foul. It gnaws at a man's substance with invisible teeth. *Henry Ward Beecher*

## Long awaited bus shelters..



The Parish Council have purchased the bus shelters recently sited around the village green.

## MEMORIAL HALL

West Auckland Memorial Hall was built in 1925; it is a Memorial to the men of West Auckland who died in the 1914-1918 First World War. It is owned and managed by the community trust.

Activities include: Line Dancing, New Age Kurling, Carpet Bowls, Western Partner Dance, Bingo; and more!! Pop along and socialise. A new Pilates class is running every Wednesday, 2.00 pm – 3.00 pm £4 per sessions. For further information and local venues call Michelle Scott on 01388 696344.

## East Green Residential Home

*Despite the efforts made to prevent the East Green nursing home from closure, following consultation, a decision was made a Government level to close the home. This will mean loss of homes for residents, loss jobs for staff and the loss of a valued village community asset. The efforts of everyone who assisted in trying to save the home are much appreciated. This closure is such a sad loss to the village.....*

## Have you Sat Here?



On the WOODEN CROCODILE at the Spring Gardens Wetlands.

It has disappeared!! Can you help to find him?

Have you seen him in someone's garden or country estate? He is about 2 metres in length and of solid wood and very heavy. Transporting him would have required lifting gear.

If you have any information please contact Bishop Auckland Police on: 0345 60 60 365

## PACT

Police and Community Together

Meet at 7pm on the first Wednesday of each month at the Village Centre Front Street. Come along and

## Feeling the Pinch

Credit crunch and Government cuts  
Tighten your belts!!!

This is especially difficult for those struggling on benefits. Hence there has been an increase in lenders offering home credit or doorstep loans where they call at your home to collect repayments. These loans carry high interest rates. If you are considering this type of borrowing:

The law says that home credit lenders have to be licensed by the Office of Fair Trading (OFT). You can check if the home credit lender is licensed on the Consumer Credit Register on the OFT website at [www2.crw.gov.uk](http://www2.crw.gov.uk).

If they do not have a licence, they are acting illegally and you should not borrow from them. Did you know! If a door step loan agreement is not properly made, the lender may not be able to force you to repay the money. Find out more from the CAB. <http://www.adviceguide.org.uk/index.htm>

have your say about local issues and influence the priorities of our Local Police Service.

### RECENT PRIORITIES

**West Auckland & St Helens** - dog fouling throughout the area. This priority was agreed at the Pact meeting held on 4th November 2009

**West Auckland - speeding vehicles in Staindrop Road, Copeland Road and A68.** This priority was agreed at the Pact meeting held on 3rd February 2010

Anti social, rowdy and abusive behaviour against residents in **River Walk and Meadow View, St Helens.** This priority was agreed at the Pact meeting held on 5th May 2010

## Low Fat Tip

By Slim West

Did you know that gravy granules can contain 50% fat. The food label can be designed to mislead you by stating the fat content of a ridiculous water to granule ratio. Normally we would make a far thicker mixture. Some manufacturers even use their ratio to claim the product is low in fat.

## LOW FAT RECIPE

By Slim West

### Low Fat Fish Mash and Leek Bake

Ingredients (approximate)

3Lb Potatoes

1Lb Leeks

1Lb Coley/Cod or white fish

Half pint of fully skimmed milk

2 oxo cubes

White or black pepper

Wash peel and roughly cube the potatoes and boil until soft.

Peel and chop leeks and boil until soft. Microwave

your fish until soft. Into large diameter casserole

dish crumble the cooked fish and spread evenly.

Sprinkle on some pepper.

Spread the softened leeks over the fish. Mash the

softened potato adding the skimmed milk. Spread

and smooth the mash over the Leek and fish and

with a fork draw lines over to aid the crispy top. Put

in top half of oven for 40 minutes at 180c or until

the topping has turned a crispy streaky brown.

Gravy: crumble two OXO cubes into a jug, add

boiling water and stir.

Done.

## POEM

**Call of the Ocean**

By Mason T Shaw (West Auckland Writers)

The dreams of decrepit mariner folk  
Fill the air like fire's smoke  
And the trees that char while fires glow  
Are spawn of seeds that raindrops grow  
The torrents tumble from clouds to be  
At journey's end over land and sea  
Where waves crash over memories of old  
Mariner folk who dreamt of gold.

## Does Your Computer Need Attention?

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## Welcome to West

### DMMCB SADDLERY



DMMCB Saddlery Supplies have opened shop at Front Street. Providing a full range of equestrian and horse accessories, and small pet feed.

Proprietors are David and Mary. Their Website:

[www.dmmcbsaddlerysupplies.co.uk/](http://www.dmmcbsaddlerysupplies.co.uk/)

### BE ENTERPRISING



Be Enterprising have opened shop at Front street. Providing support, funding, and expert advice about starting or building your own business.

Their Website: [www.be-enterprising.biz](http://www.be-enterprising.biz)

### DOODARS DINER



Doodars Diner have opened at Aptec Enterprise Park (Auckland Caravan Storage).



Providing Hot and Cold food, all-day Breakfast, Take-away, and deliveries.

Proprietors are Debbie and Stephen.

Their Website: [www.doodarsdiner.co.uk](http://www.doodarsdiner.co.uk)

## PILATES

### Durham County Council leisure venues

Pilates is now available at **West Auckland Memorial Hall** every Wednesday from 2pm to 3pm. £4 per session. For further information and local venues call Michelle Scott on 01388 696344.

## Dog Fouling

The Parish Council are about to commence a campaign against dog fouling which is a problem throughout the village. If you know of anyone who persists in allowing their dog to foul our streets and play areas please inform any member of the Parish Council.

## ANAGRAM

Can you solve this? Clue: It is in West Auckland  
*Three words*

**ERKLEKCSBOKYSAOC**

Can you solve this? Clue: It is in West Auckland, but cannot be seen  
*Two words*

**MBAUESSTY**

Answers are on back page

## HEALTH TIP

The common Hawthorn (Crataegus) is often used by traditional herbal practitioners to reduce high blood pressure. The flowers, leaves and berries all have a vasodilatory effect, and can be infused in hot



## Church Services

### West Auckland Community Church

#### Services

**10am Sunday Mornings at the Memorial Hall, Darlington Road**

For details of all services, events and social gatherings visit the Website:  
[www.westaucklandcc.net/](http://www.westaucklandcc.net/)

or cold water. It grows in abundance along many of the footpaths and bridleways around our village.

(Before using herbal remedies consult your medical practitioner)

## Walking for Health

Walking is free or at most only a bus ticket away from a green environment. It is of therapeutic benefit for the mind and a physical exercise that can improve all round health and Well-Being. There are hundreds of walks available for you to join Free of Charge under the Walking the way to Health Scheme <http://www.whi.org.uk>.



Come along to the West Auckland Walk for Health who meet every Wednesday Morning at 10am at the Village Centre Front

Street and enjoy a healthy walk.

## QUOTE

"I have two doctors! My right leg and my left leg"

## NEW PLANTER

The new planter constructed in Front Street. Our Thanks to Keith Tweddle who has kindly planted it with summer colour.

## Parish Church of St Helen & West Auckland Services

**10am Sunday Mornings**

For details of all services, events and social gatherings contact:

The Revd Canon Robert McTeer SSC - 01388 604152  
Or visit the Website  
[www.sthelenschurch.co.uk](http://www.sthelenschurch.co.uk)

## St Paulinus Catholic Church

**Services**  
**5.30pm Saturdays**

For details of all services, events and social gatherings contact:

Pastor Fr Jonathan Rose- 01388 603431  
Or visit the Website of the Diocese of Hexham and Newcastle

<http://www.rcdhn.org.uk/index.php>

**Local WebSite Resources**

**FOOTBALL**

<http://www.westaucklandtownfc.co.uk/>

**LOCAL NEWS**

<http://www.westaucklandweb.co.uk/>

**LOCAL BUSINESS and NEWS**

<http://sites.google.com/site/westaucklanduk/>

**WEST AUCKLAND WRITERS**

<http://sites.google.com/site/swanezine/>

**Slow it down.....**

PC Coley has been educating drivers around the village by the use of Community Speedwatch. If you would like to volunteer an hour of your time to assist PC Coley in the use of speedwatch please ring 0345 6060365. Your help will be greatly appreciated.

**Could you use this space**

If anyone wishes to place an advert or article of interest in the newsletter please let one of the Parish Councillors or myself know. Cllr John Ferguson has kindly offered to visit anyone with a story they would like to have included in future editions.

*Please contact one of the Parish Councillors if you have any concerns or suggestions about any issue within the village.*

*The Parish Council meet on the first Monday of the Month at 7pm at the Community Rooms at Monteith Close, and the meetings are open to the public. Come along.*

**Parish Councillor Contact Numbers**

Jack Bell	834839
Hazel Charlton (C)	832464
Ed Farrer	832810
Pauline Fenwick	602230
John Ferguson	832019
Colin Mairs (VC)	833616
Valerie Raine	833534
Lynn Rielly	833032
Martin Roberts	833214
Andy Turner	606021
Keith Tweddle	832974
Billy Robinson	833663

The Parish Clerk, Sharon Hall 834360 can also be contacted on email:

[sharon.home@btopenworld.com](mailto:sharon.home@btopenworld.com)

**Anagram Answers**



**Note:** the Busty seam was worked from 1960-67 and being 4'4" at a depth of 56 fathoms. Two other seams were worked at West; the Harvey and the Brockwell.

***The Parish Council thank everyone who has contributed to this newsletter.***